



# Newsletter 1

## 10 SEPTEMBER 2020

www.billesleyschool.co.uk  
Tel: 0121 675 2800

Please remember to complete your application for secondary school as soon as possible, no later than **31 October 2020**.

Please remember to choose more than one school.

See [https://www.birmingham.gov.uk/info/20119/school\\_admissions](https://www.birmingham.gov.uk/info/20119/school_admissions) for details

If you apply after the final closing date of 31 October 2020 your application will be considered as a late application and will not be processed until after the offer of places on 1 March 2021.


**Late applicants are less likely to be offered a place at one of their preferred schools.**

### IMPORTANT NOTICE

Please remember the safety of all children when parking outside school. **DO NOT park on the zig zags** by the crossing. **DO NOT park on yellow lines.** Please also consider our neighbours and **DO NOT** block driveways. *Thank you.*

### ATTENDANCE

NO DAYS LOST	10 DAYS LOST	19 DAYS LOST	29 DAYS LOST <small>THE SAME AS HALF A TERM!</small>	38 DAYS LOST	47 DAYS LOST
100%	95%	90%	85%	80%	75%
190 days of education	180 days of education	171 days of education	161 days of education	152 days of education	143 days of education
<b>GOOD</b> Best chance of success - get your child off to a flying start		<b>WORRYING</b> Less chance of success. Makes it harder for your child to progress.		<b>SERIOUS CONCERN</b> <b>COURT ACTION AND FINES</b>	

 **INSPIRE** our children to succeed

 **CREATE** excitement for learning

 **ACHIEVE EXCELLENCE**

Can you please make sure school has up to date addresses, phone numbers and contact details for your child. If you are unsure please check with the Reception Office where we will be happy to check for you. It is essential the school has up to date information.

### PLAYCARE, BREAKFAST CLUB & SCHOOL MEALS

Please ensure you make payment in **ADVANCE**. Please clear any balances outstanding using Parentpay.

*Thank you*

**To download the parent handbook [click here](#)**

### TERM DATES

BREAK UP	RETURN TO SCHOOL
FRIDAY 23 OCT	MONDAY 2 NOV
FRIDAY 18 DEC	TUESDAY 5 JAN
FRIDAY 12 FEB	MONDAY 22 FEB
THURSDAY 1 APR	TUESDAY 20 APR
FRIDAY 28 MAY	MONDAY 7 JUNE
WEDNESDAY 21 JULY	

### PLEASE NOTE:

<b>FRIDAY 6 NOV 2020</b> <b>SCHOOL CLOSED</b>	<b>TEACHER TRAINING DAY</b>
<b>MONDAY 4 JAN 2021</b> <b>SCHOOL CLOSED</b>	<b>TEACHER TRAINING DAY</b>
<b>MONDAY 19 APR 2021</b> <b>SCHOOL CLOSED</b>	<b>TEACHER TRAINING DAY</b>

"Children love to learn. The learning environment is inspiring and relationships between staff and children are exceptionally positive" - OFSTED MAY 2019





# STARS OF THE WEEK

Class	Name	Reason	Mathematician of the week
1J	<b>Amtul Q D</b>	Daania has had amazing start to Year 1. She is always listening and ready to learn. Daania has a positive attitude to her work and complete tasks independently. Keep it up!	<b>Noah A</b>
1M	<b>Marlon H</b>	Marlon has had a fantastic start to Year 1. He has settled brilliantly and is joining in with lots of different learning opportunities. Marlon is also a fantastic role model to all other children in 1M. Keep it up Marlon, you are a star!	<b>Lillian T M</b>
1P	<b>Khizar K</b>	Khizar has made an outstanding start to year 1. He has adapted to our new routines brilliantly and faces each challenge with an amazing smile!	<b>Ariana T B</b>
2T	<b>Mustafa A</b>	I have chosen Mustafa as our star of the week as he has shown bravery and resilience when returning to school this week. Mustafa has followed one of our key school rules to try his very best in everything he does and produced a fantastic map of the world in Geography this week! Well done Mustafa!	<b>Arhaan K</b>
2H	<b>Jenson L</b>	Jenson what an absolute star! He has settled into year 2 extremely well and comes into school every day with a huge smile on his face. Jenson has really impressed me in writing this week. He generated some fantastic ideas in our speaking and listening topic and created a brilliant representation of a worry. Well done Jenson!	<b>Darcie M</b>
2C	<b>Faria A</b>	Faria has had a great start to the year and has tried hard in every lesson so far. She has impressed me greatly this week during our maths lessons where she used sentence stems to explain her thinking during our place value lessons. Well done!	<b>Isa B</b>
3C	<b>Charlie G</b>	Charlie has had an amazing start to Year 3. He has been sensible and listened carefully every day, concentrating on the task he is doing. I am very proud of Charlie for starting Key Stage 2 so well! Keep being amazing Charlie.	<b>Ayaan Q</b>
3O	<b>Skye C</b>	Skye has been amazing during her first week in Year 3! She's amazingly patient, caring and is a very smart cookie. What a great start!	<b>Deen S</b>
3M	<b>Elena P</b>	Elena has a brilliant attitude and has made a strong start, making great contributions to class and helping her class mates.	<b>Samina B</b>
4J	<b>Lawrence R</b>	Lawrence has come back to school with such a positive, "I can" attitude to his learning. His arm must have an inbuilt spring as he has continually got it up ready to answer or even ask questions!! Lawrence is going to achieve big if he keeps up this positive attitude to his learning!	<b>Cadie L</b>
4B	<b>Sara A</b>	Sara starts every day with the biggest smile on her face and it sets the tone for our classroom. I love how positive, polite and kind Sara is. Keep it up!	<b>Eman A</b>
4L	<b>Zakariya K</b>	I can only say amazingly positive things about how well Zakariya has settled into Year 4. Confident, polite and enthusiastic are just a few of the words that already spring to mind. Keep this positive attitude up Zakariya.	<b>Samuel C</b>
5C	<b>Deen H</b>	Deen has had an incredible start to the term! He takes part in every lesson with extreme focus and interest. Well done Deen - keep up the amazing attitude to your learning!	<b>Charlie M</b>
5S	<b>Lucy T</b>	Lucy is an absolute superstar! She listens attentively, is well behaved and extremely organised. She has made a great start to the new school year. I am looking forward to having her in my class this year.	<b>Callum W</b>
5M	<b>Sarah B</b>	Sarah has made a very positive start to the new school year. She has grown in confidence and is making valuable contributions in class.	<b>Leroy W</b>
6HB	<b>Tooba A</b>	Wow! What an excellent start to Year 6 Tooba has had. She contributes well to all discussions and always puts 100% effort into all tasks and challenges. Keep it up Tooba!	<b>Mason R</b>
6B	<b>Ellie-Mae W</b>	I have been so impressed with how amazingly well Ellie has started year 6! She has such a positive, can-do attitude to her learning and is always eager to know more about the things we are learning. I am so so excited to spend the year with her!	<b>Huzaiyfah A</b>
6S	<b>Reem A</b>	Reem has settled into Year 6 wonderfully! She has exactly the attitude and work ethic that is required to make her successful and she is a pleasure to have in class. Keep it up Reem!	<b>Ollie A</b>
RB	<b>Kane H</b>	Kane has had a brilliant return to school. Not only is he working hard on his lessons, but he is doing a great job using his calm tools and is SO kind and helpful to his friends and teachers. He has given new children in the Resource Base a warm welcome and we are so happy to have him back at school. Keep up the amazing work Kane!	<b>Eesa M</b>







# ACTION CALENDAR: SELF-CARE SEPTEMBER 2020



## MONDAY



7 Remember it's ok not to be ok. We all have difficult days

14 Talk kindly to yourself like you would to someone you love

21 Remind yourself that you are loved and worthy of love

28 Accept your mistakes as a way of helping you make progress

## TUESDAY

1 Remember that self-care is not selfish. It's essential

8 Notice the things you do well today, however small

15 Find a caring, calming phrase to say to yourself when feeling low

22 Look at photos from a time with happy memories

29 Write down three things you appreciate about yourself today

## WEDNESDAY

2 Be willing to share how you feel and ask for help when needed

9 Avoid saying 'I ought to' or 'I should' to yourself

16 Notice what you are feeling today, without any judgment

23 Let go of other people's expectations of you today

30 You matter. Remember that you are enough, just as you are

## THURSDAY

3 Free up time in your diary by cancelling any unnecessary plans

10 Give yourself permission to say No to requests from others

17 Leave positive messages for yourself to see regularly

24 Ask a trusted friend to tell you what they like about you

## FRIDAY

4 Forgive yourself when things go wrong. We all make mistakes

11 Aim to be good enough, rather than perfect

18 Don't compare how you feel inside to how others appear outside

25 Release yourself from inner demands and self-criticism

## SATURDAY

5 Plan a fun or relaxing activity this weekend and make time for it

12 Let go of being busy. Allow yourself to take some breaks today

19 Get active outside and give your mind & body a natural boost

26 Find a new way to use one of your strengths or talents today

## SUNDAY

6 Focus on the basics: eat well, exercise and go to bed on time

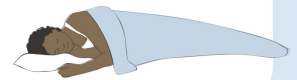
13 Make time today to do something you really enjoy

20 No plans day - make time to slow down and be kind to yourself

27 Take your time. Make space to just breathe and be still



Self-care is not selfish. You can't pour from an empty cup



## ACTION FOR HAPPINESS



[www.actionforhappiness.org](http://www.actionforhappiness.org)

Keep Calm · Stay Wise · Be Kind

Learn more about this month's theme at [www.actionforhappiness.org/self-care-september](http://www.actionforhappiness.org/self-care-september)

## COMMUNITY FOOD BOX FRIDAY 8.30-10am @ The House

For further details ask Sarah Butler



### 5 steps to a healthy tasty packed lunch!

**STEP 1:** Choose your starchy food + a source of protein

Starchy food	Sources of protein
Bread, Wrap, Pitta, Bagel, Pasta, Noodles, Chapatti, Rice, Potatoes	Kidney beans, Chicken, Mackerel, Eggs, Beef, Tofu, Ham, Turkey, Tuna

**STEP 2:** Add some salad and/or a side portion of vegetables

Grated carrot or carrot sticks, Sugar snap peas, Pepper sticks, Lettuce, Cucumber, Tomato, Sweetcorn, Onion, Rocket, Celery

**STEP 3:** Choose something sweet ... fruit!

Tinned peaches in juice, Apple, Grapes, Raisins, Kiwi, Banana, Mango, Melon, Dried apricots

**STEP 4:** Add a nutritious snack and/or some dairy

Crackers with houmous, Small plain or fruit cake, Bread sticks and dip, Portion of cheese, Fromage Frais, Nuts or seeds, Rice pudding, Fruit loaf, Yoghurt

**STEP 5:** WATER!

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